**Information for Aqua**

**General rules**

* All sessions must be booked and paid for in advance.
* If possible, we ask that you pay by card over the phone.
* Any adults or children over the age of 11 **MUST** wear a face covering at all times.
* There will be a maximum of 20 participants per class to try and maximise distancing.
* All equipment will be cleaned after the session.
* The instructor will be on poolside and will discourage shouting or singing during the session and the class will be kept on one spot.
* The changing room will have been cleaned before use.
* There will be a one-way system around poolside to increase distancing.
* Participants are informed that if they are feeling unwell or are showing any signs and symptoms of Covid19 that they must not attend the session.

**How Aqua will run.**

**At the start of the session**

* We ask that participants arrive no earlier than 5/10 minutes before their session.
* Participants should be beach ready (swimming costume on underneath a top layer).
* Participants will enter the building through a door on the side of the building into the party room, this will be signposted.
* Participants will then make their way onto poolside to a coloured cone. Participants will then leave their bags and personal items at the coloured cone and this can be collected at the end of the session.

**At the end of the session**

* Participants will go into Men’s & Ladies changing rooms and will be split into 2 groups of 10. (5 in the ladies changing room, 5 in the Men’s changing room) After 10 minutes the remaining participants will be split between both changing rooms again.
* The changing rooms contact points will be cleaned between each changeover of groups
* Changing is allowed but we do have very limited space and would prefer a wrap up and change at home. Where changing is preferred, we will be following the 1m+ safe distancing, all adults **MUST** wear a face mask at all times in the changing rooms.